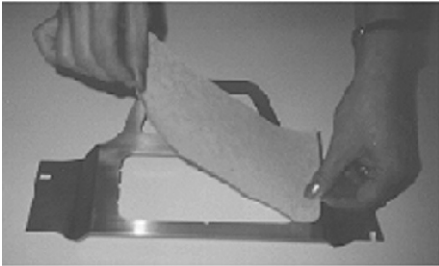


# **FAST FRAMES™**

EMBROIDER WHERE  
YOU HAVE NEVER  
EMBROIDERED BEFORE

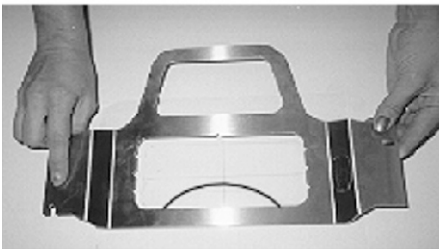
What comes in your **Fast Frames 7n1 Set**: One arm to fit your machine type and 7 interchangeable hoop/frame sizes. The sizes will depend on whether you selected the standard set or customized your hoop/frame sizes. Standard sizes 2"x4", 2½"x4", 3"x4", 5"x4", 7"x5", 6" Radius and the 7"x7". Some sets come with the 4½"x11" sleeve hoop instead of the 7"x7" if your machine has a larger sew field (most commercial machines).

## **Instructions for doing the backs of hats**



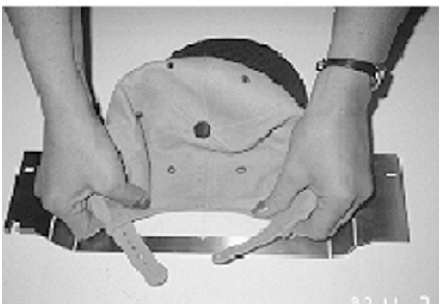
### **STEP 1.**

Cut a piece of adhesive backing large enough to cover the sewing field. Please the backing on the underside of the frame over the desired sewing field (sticky side up).



### **STEP 2.**

If you are sewing the back of caps it is helpful to draw the arch of the back of the cap on the backing to serve as a line up mark.



### **STEP 3.**

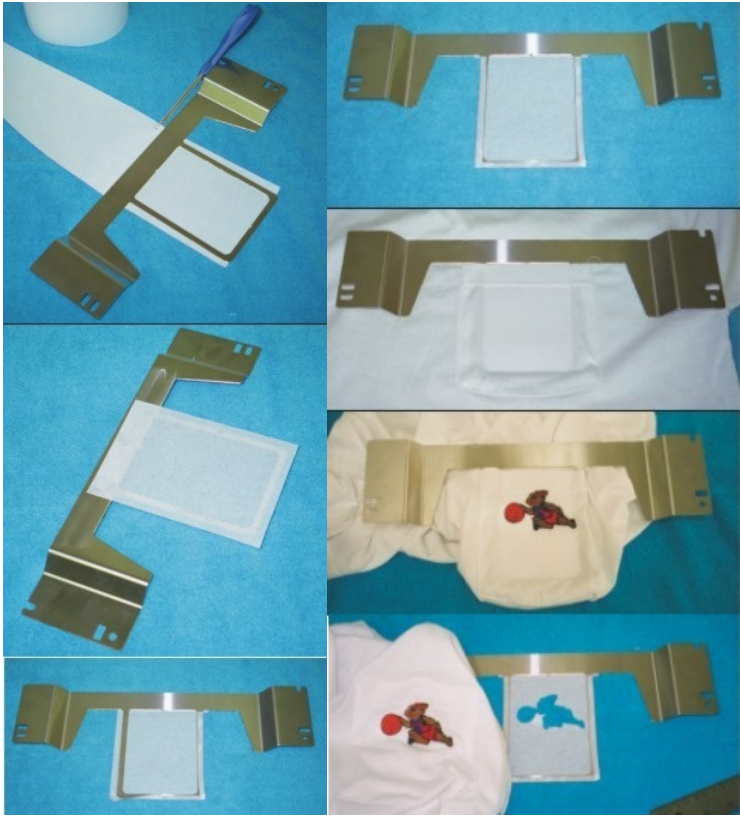
Center the object to be sewn over the adhesive backing and press down firmly to the backing. If sewing the back of a cap undo the back strap for increased flexibility.



### **STEP 4.**

After the object is sewn, tear it away from the adhesive backing. Then turn the FastFrame over. Stick a small patch of backing over the hole from the underside, This will allow you to use the original backing several times without having to cut a new piece.



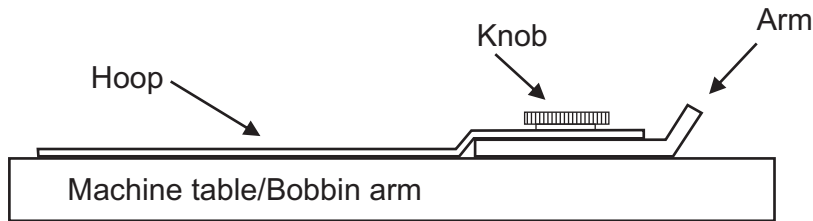


### **Pocket frame instructions**

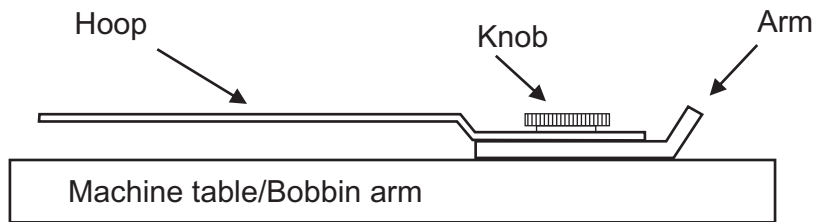
1. Lay backing under frame and line up as shown. cut the backing using the frame as a gage and your backing will fit the frame correctly each time.
2. Turn the frame upside down, peel the paper from the backing and place it on the frame. Be sure to allow backing to extend past the side and bottom of frame.
3. Fold the excess backing over the edge of the frame.
4. Your trace should already be done if not do it now.
5. Insert pocket into frame, smooth pocket on the adhesive backing. Place frame on machine pulling pocket open and around the bobbin arm.
6. Embroider, Tear garment away. Patch the hole with another piece of backing and repeat.

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### **Frame should be sitting relatively flat on table or bobbin arm**



Correct Hoop mounting



**INCORRECT** Hoop mounting